# **CPD EVENT RECORD**

## **AVOIDING JOINT REPLACEMENT**

with Mr Fahad Attar



### **Evaluation, Reflection and Impact on Practice**

#### **Summary**

This discussion concerned the latest developments in regenerative therapy, including the use of platelet-rich plasma as well as stem cells taken from the patient's body fat, rather than from bone marrow. The applications of the therapy, contraindications and adverse side effects were explained, and guidance was given on the sort of advice a physical therapist might offer patients who showed interest.

#### Reflection

I undertook this study because I felt it necessary to keep abreast of the latest developments in dealing with osteoarthritis. This enables me to provide sound, evidence-based advice to my patients, contributing to better outcomes for them.

#### **Chiropractic Code 2016** Put the health interests of Act with honesty & patients first integrity. Maintain the highest standards of professional/personal conduct B1 B2 B3 B4 B5 B6 B7 B8 B9 A1 A2 A3 A4 A5 A6 A7 Provide a good standard of Establish and maintain a clinical care and practice clear professional relationship with patients C1 C2 C3 C4 C5 C6 C7 C8 C9 D1 D2 D3 D4 Communicate properly Obtain informed consent for all aspects of patient and effectively with patients, colleagues and other healthcare professionals E1 E2 E3 E4 E5 E6 E7 **F1** F2 F3 F4 F5 F6 ■ Maintain and protect Maintain, development work within your Maintain, develop and patient information professional knowledge and

**G1** G2 G3 G4 G5 G6

H1 H2 H3 H4 H5 H6 H7



#### I confirm that the figure shown accurately reflects the time spent by me on this event. Signed: **Osteopathic Practice Standards 2019** Knowledge, skills and Communication and patient partnership performance A1 A2 A3 A4 A5 A6 A7 B1 B2 B3 B4 Professionalism Safety and quality in practice D1 D2 D3 D4 D5 D6 C1 C2 C3 C4 C5 C6 D7 D8 D9 **D10**D11 D12

Objective Activity: None Communication & Consent: No

Confirmation