

CPD EVENT RECORD

SHOULDER IMPINGEMENT

with Jo Gbson

Recording:
*Learning
by Oneself*

Evaluation, Reflection and Impact on Practice

Summary

This discussion covered a variety of shoulder problems, including frozen shoulder, labral tears and "impingement", although it was made clear that evidence no longer supports the theory of impingement and the term should not be used. Simple tests and exercises were explained and demonstrated, and the importance of psychological components in the treatment and healing process emphasised.

Reflection

The shoulder is a complex joint and I am confronted by shoulder cases on a regular basis. I attended this CPD to ensure that my knowledge is as up-to-date as possible, thus ensuring I can give the best possible care to my patients. This will contribute to my practice by improving my ability to communicate relevant concepts to my patients, while also enhancing my treatment protocols.

Chiropractic Code 2016

A Put the health interests of patients first

A1 A2 A3 A4 A5 A6 A7

C Provide a good standard of clinical care and practice

C1 C2 C3 C4 C5 **C6** C7 C8 C9

E Obtain informed consent for all aspects of patient care

E1 E2 E3 E4 E5 E6 E7

G Maintain, develop and work within your professional knowledge and skills

G1 G2 G3 G4 G5 G6

B Act with honesty & integrity. Maintain the highest standards of professional/personal conduct

B1 B2 B3 B4 B5 B6 B7 B8 B9

D Establish and maintain a clear professional relationship with patients

D1 D2 D3 D4

F Communicate properly and effectively with patients, colleagues and other healthcare professionals

F1 F2 F3 **F4** F5 F6

H Maintain and protect patient information

H1 H2 H3 H4 H5 H6 H7

Certification

This certificate confirms that

participated in this CPD event



S L BRUCE, APM Director

Date:

90 minutes
Learning by Oneself
Recorded

Academy
of PHYSICAL MEDICINE

Confirmation

I confirm that the figure shown accurately reflects the time spent by me on this event.

Signed:

Osteopathic Practice Standards 2019

A Communication and patient partnership

A1 A2 A3 A4 A5 A6 A7

B Knowledge, skills and performance

B1 B2 B3 B4

C Safety and quality in practice

C1 C2 C3 C4 C5 C6

D Professionalism

D1 D2 D3 D4 D5 D6
D7 D8 D9 D10 D11 D12

Objective Activity: None

Communication & Consent: Yes