CPD EVENT RECORD

BARRIERS TO B12 DEFICIENCY DIAGNOSIS AND TREATMENT

Recording: Learning by Oneself

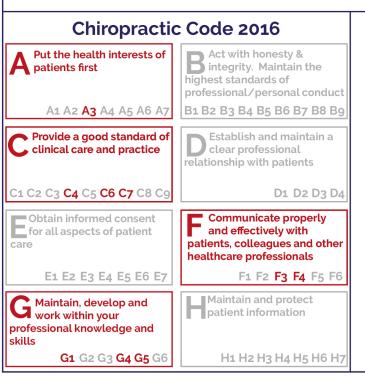
with Tracy Witty

Summary

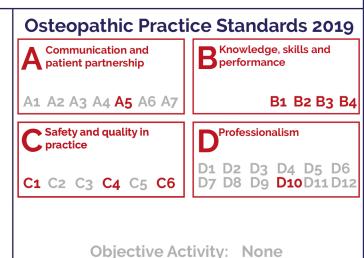
This discussion looked at the often overlooked consequences of B12 deficiency and the reasons why diagnosis can be difficult. Various forms of supplementation were contrasted, and methods to obtain injectable supplements in the absence of GP support were explored. Communication was discussed from a variety of perspectives: patient to practitioner and vice-versa, as well as practitioner or patient to GP. The value of first providing a link to relevant resources before discussing the problem with other healthcare professionals was recommended if it was

Possible misdiagnoses were also considered.

felt that resistance was likely.







Evaluation, Reflection and Impact on Practice

Confirmation

Communication & Consent: Yes

I confirm that this is an accurate reflection of my learning during this event.