

# CPD EVENT RECORD

## BARRIERS TO B12 DEFICIENCY DIAGNOSIS AND TREATMENT

with Tracy Witty

**Recording:**  
*Learning  
by Oneself*

### Summary

This discussion looked at the often overlooked consequences of B12 deficiency and the reasons why diagnosis can be difficult. Various forms of supplementation were contrasted, and methods to obtain injectable supplements in the absence of GP support were explored. Communication was discussed from a variety of perspectives: patient to practitioner and vice-versa, as well as practitioner or patient to GP. The value of first providing a link to relevant resources before discussing the problem with other healthcare professionals was recommended if it was felt that resistance was likely. Possible misdiagnoses were also considered.

### Chiropractic Code 2016

**A** Put the health interests of patients first

A1 A2 **A3** A4 A5 A6 A7

**C** Provide a good standard of clinical care and practice

C1 C2 C3 **C4** C5 **C6** C7 C8 C9

**E** Obtain informed consent for all aspects of patient care

E1 E2 E3 E4 E5 E6 E7

**G** Maintain, develop and work within your professional knowledge and skills

G1 G2 G3 **G4** **G5** G6

**B** Act with honesty & integrity. Maintain the highest standards of professional/personal conduct

B1 B2 B3 B4 B5 B6 B7 B8 B9

**D** Establish and maintain a clear professional relationship with patients

D1 D2 D3 D4

**F** Communicate properly and effectively with patients, colleagues and other healthcare professionals

F1 F2 **F3** **F4** F5 F6

**H** Maintain and protect patient information

H1 H2 H3 H4 H5 H6 H7

### Certification

This certificate confirms that

participated in this CPD event

  
S L BRUCE, APM Director

Date:

90 minutes  
**Learning by Oneself**  
Recorded

  
Academy  
of PHYSICAL MEDICINE

### Osteopathic Practice Standards 2019

**A** Communication and patient partnership

A1 A2 A3 A4 **A5** A6 A7

**B** Knowledge, skills and performance

B1 B2 B3 B4

**C** Safety and quality in practice

C1 C2 C3 **C4** C5 **C6**

**D** Professionalism

D1 D2 D3 D4 D5 D6  
D7 D8 D9 **D10** D11 D12

Objective Activity: None  
**Communication & Consent: Yes**

### Evaluation, Reflection and Impact on Practice

### Confirmation

I confirm that this is an accurate reflection of my learning during this event.

Signed: .....