CPD EVENT RECORD

TREATING THE STAMMERING PATIENT

with Dr Rob Grieve PhD

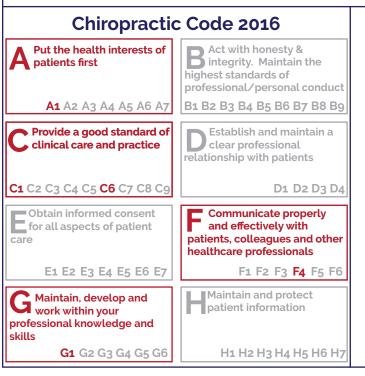
Recording: Learning by Oneself

Summary

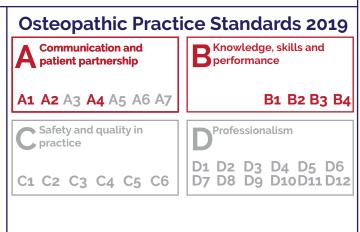
This discussion focussed on how to handle stammering, whether as a patient, a practitioner or as a parent. Problems of communication and gaining valid consent were discussed.

Although the causes of stammering are unknown, aggravating factors were explained, including useful advice for parents dealing with a child who is affected. A number of resources were identified which could be recommended to patients or used by practitioners themselves.

In terms of treatment options, there is little credible evidence, but breathing therapy and a cranial approach had both been known to meet with success in some cases.







Objective Activity: None

Communication & Consent: Yes

Evaluation, Reflection and Impact on Practice

I undertook this activity to help me understand the challenges faced by patients who stammer, and to make their experience in my clinic more reassuring and stress-free. I found it useful to learn of resources available and treatment modalities which have been successful elsewhere, and this will enhance my own delivery of care.

Confirmation

I confirm that this is an accurate reflection of my learning during this event.

Signed	