

# CPD EVENT RECORD

## TREATING THE STAMMERING PATIENT

with Dr Rob Grieve PhD

**Recording:**  
*Learning  
by Oneself*

### Summary

This discussion focussed on how to handle stammering, whether as a patient, a practitioner or as a parent. Problems of communication and gaining valid consent were discussed.

Although the causes of stammering are unknown, aggravating factors were explained, including useful advice for parents dealing with a child who is affected. A number of resources were identified which could be recommended to patients or used by practitioners themselves.

In terms of treatment options, there is little credible evidence, but breathing therapy and a cranial approach had both been known to meet with success in some cases.

### Chiropractic Code 2016

**A** Put the health interests of patients first

A1 A2 A3 A4 A5 A6 A7

**C** Provide a good standard of clinical care and practice

C1 C2 C3 C4 C5 C6 C7 C8 C9

**E** Obtain informed consent for all aspects of patient care

E1 E2 E3 E4 E5 E6 E7

**G** Maintain, develop and work within your professional knowledge and skills

G1 G2 G3 G4 G5 G6

**B** Act with honesty & integrity. Maintain the highest standards of professional/personal conduct

B1 B2 B3 B4 B5 B6 B7 B8 B9

**D** Establish and maintain a clear professional relationship with patients

D1 D2 D3 D4

**F** Communicate properly and effectively with patients, colleagues and other healthcare professionals

F1 F2 F3 F4 F5 F6

**H** Maintain and protect patient information

H1 H2 H3 H4 H5 H6 H7

### Certification

This certificate confirms that

participated in this CPD event

  
S L BRUCE, APM Director

Date:

45 minutes  
**Learning by Oneself**  
Recorded

  
Academy  
of PHYSICAL MEDICINE

### Osteopathic Practice Standards 2019

**A** Communication and patient partnership

A1 A2 A3 A4 A5 A6 A7

**B** Knowledge, skills and performance

B1 B2 B3 B4

**C** Safety and quality in practice

C1 C2 C3 C4 C5 C6

**D** Professionalism

D1 D2 D3 D4 D5 D6  
D7 D8 D9 D10 D11 D12

Objective Activity: None  
**Communication & Consent: Yes**

### Evaluation, Reflection and Impact on Practice

I undertook this activity to help me understand the challenges faced by patients who stammer, and to make their experience in my clinic more reassuring and stress-free. I found it useful to learn of resources available and treatment modalities which have been successful elsewhere, and this will enhance my own delivery of care.

### Confirmation

I confirm that this is an accurate reflection of my learning during this event.

Signed: .....