

CPD EVENT RECORD

MORE SCIENCE OF FASCIA

with Dr Robert Schleip PhD

Recording:
Learning
by Oneself

Summary

This discussion looked at the variation in fascia across the body, how its healing potential differs and what the evidence tells us about the effect of treatment. The impact of understimulation of fascia was emphasised, and the effectiveness of regular movement and stress explained. Differentiating between muscle and fascial stiffness was described, along with the implications for treatment and the utility of tools such as those used in Gua Sha. The importance of stimulating microcirculation was emphasised.

Chiropractic Code 2016

A Put the health interests of patients first A1 A2 A3 A4 A5 A6 A7	B Act with honesty & integrity. Maintain the highest standards of professional/personal conduct B1 B2 B3 B4 B5 B6 B7 B8 B9
C Provide a good standard of clinical care and practice C1 C2 C3 C4 C5 C6 C7 C8 C9	D Establish and maintain a clear professional relationship with patients D1 D2 D3 D4
E Obtain informed consent for all aspects of patient care E1 E2 E3 E4 E5 E6 E7	F Communicate properly and effectively with patients, colleagues and other healthcare professionals F1 F2 F3 F4 F5 F6
G Maintain, develop and work within your professional knowledge and skills G1 G2 G3 G4 G5 G6	H Maintain and protect patient information H1 H2 H3 H4 H5 H6 H7

Certification

This certificate confirms that
participated in this CPD event


S L BRUCE, APM Director

Date:

90 minutes
Learning by Oneself
Recorded


Academy
of PHYSICAL MEDICINE

Osteopathic Practice Standards 2019

A Communication and patient partnership A1 A2 A3 A4 A5 A6 A7	B Knowledge, skills and performance B1 B2 B3 B4
C Safety and quality in practice C1 C2 C3 C4 C5 C6	D Professionalism D1 D2 D3 D4 D5 D6 D7 D8 D9 D10 D11 D12

Objective Activity: None
Communication & Consent: No

Evaluation, Reflection and Impact on Practice

The importance of fascia is well-known, but I undertook this training as I was aware that much new information has emerged in recent years. What I have learned will enable me to treat patients more effectively, based on my greater understanding of the underlying principles.

Confirmation

I confirm that this is an accurate reflection of my learning during this event.

Signed: