# CPD EVENT RECORD CASE DISCUSSIONS

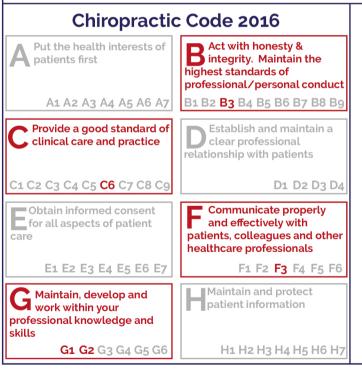
with Anne Mamok, Pippa Cossens and Kerry Dowson

## Recording: Learning by Oneself

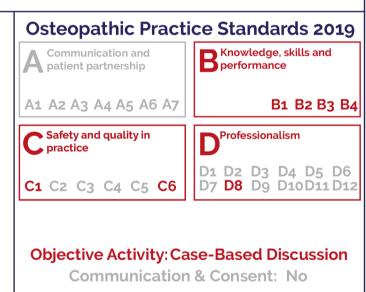
#### **Summary**

This discussion considered four cases. In the first 2, a technique pioneered by an American chiropractor had been used to treat a stroke victim and a patient with severe hemiplegic migraine. Both had bee seen by conventional practitioners over an extended period and were not expected to progress. Through the application of neurological reeducation techniques, both recovered significantly. Because this approach is §not "mainstream", the ethical aspects of advertising in this regard were also explored. The third case involved a patient with severe neck pain, which had been diagnosed as the result of disc degeneration by an orthopaedic consultant. Using a combination of musculoskeletal techniques and the processes promoted by SIRPA (Stress Injuries Recovery Practitioners Association), the patient's pain was relieved without resorting to surgery.

The fourth case involved a patient with a chronic, persistent, productive cough. Conventional approaches, other than speech therapy, had had no effect, but she gained very significant relief as a result of breathwork techniques and exercises. This case was ongoing.







### **Evaluation, Reflection and Impact on Practice**

#### Confirmation

I confirm that this is an accurate reflection of my learning during this event.

Signed																