

CPD EVENT RECORD

MOVING THE BRAIN

with Joanne Elphinston

Recording:
*Learning
by Oneself*

Summary

This discussion built on an earlier broadcast concerning the value of movement in rehabilitation, and was based on emerging neuroscience about how the brain functions.

The role of language in helping to modify the brain's response was discussed, together with the importance of priming and cueing. Effective ways to help the brain initiate more effective ways of moving the body were explained; these included vocal techniques and optimal ways to demonstrate what was required.

Chiropractic Code 2016

A Put the health interests of patients first
A1 A2 A3 A4 A5 A6 A7

B Act with honesty & integrity. Maintain the highest standards of professional/personal conduct
B1 B2 B3 B4 B5 B6 B7 B8 B9

C Provide a good standard of clinical care and practice
C1 C2 C3 C4 C5 **C6** C7 C8 C9

D Establish and maintain a clear professional relationship with patients
D1 D2 D3 D4

E Obtain informed consent for all aspects of patient care
E1 E2 E3 E4 E5 E6 E7

F Communicate properly and effectively with patients, colleagues and other healthcare professionals
F1 F2 F3 **F4** F5 F6

G Maintain, develop and work within your professional knowledge and skills
G1 G2 G3 G4 G5 G6

H Maintain and protect patient information
H1 H2 H3 H4 H5 H6 H7

Certification

This certificate confirms that
participated in this CPD event


S L BRUCE, APM Director

Date:

90 minutes
Learning by Oneself
Recorded


Academy
of PHYSICAL MEDICINE

Osteopathic Practice Standards 2019

A Communication and patient partnership
A1 A2 A3 A4 **A5** A6 A7

B Knowledge, skills and performance
B1 B2 B3 B4

C Safety and quality in practice
C1 C2 C3 C4 C5 C6

D Professionalism
D1 D2 D3 D4 D5 D6
D7 D8 D9 D10 D11 D12

Objective Activity: None
Communication & Consent: Yes

Evaluation, Reflection and Impact on Practice

This discussion covered some fascinating insights into how movement can be improved, but also made me aware of how my own communication with a patient can be enhanced in order to elicit a more effective response. This can be employed in a wide variety of settings and will benefit my whole patient base.

Confirmation

I confirm that this is an accurate reflection of my learning during this event.

Signed: