CPD EVENT RECORD

MOVING THE BRAIN

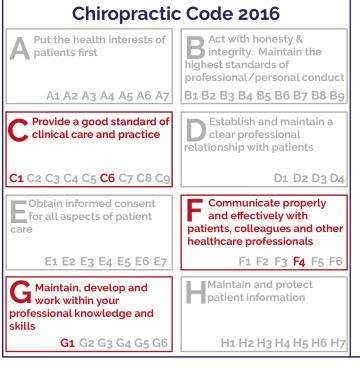
with Joanne Elphinston

Recording: Learning by Oneself

Summary

This discussion built on an earlier broadcast concerning the value of movement in rehabilitation, and was based on emerging neuroscience about how the brain functions.

The role of language in helping to modify the brain's response was discussed, together with the importance of priming and cueing. Effective ways to help the brain initiate more effective ways of moving the body were explained; these included vocal techniques and optimal ways to demonstrate what was required.







Evaluation, Reflection and Impact on Practice

Confirmation

I confirm that this is an accurate reflection of my learning during this event.