

# CPD EVENT RECORD

## ELECTROTHERAPY TURNED ON ITS HEAD

with Prof Tom Watkins

**Recording:**  
*Learning  
by Oneself*

### Summary

This discussion focussed on shockwave therapy and the emerging applications for it, which extend well beyond the usual musculoskeletal conditions. Also covered were TENS and interferential; a variety of electrodes in the form of clothing (gloves, socks, tubing) was shown, and contraindications to treatment, particularly shockwave, were explained. The need for capacity to consent and ability to communicate was emphasised.

One significant element was a review of different conditions and the types of electrotherapy best suited in each case.

### Chiropractic Code 2016

**A** Put the health interests of patients first

A1 A2 A3 A4 A5 A6 A7

**B** Act with honesty & integrity. Maintain the highest standards of professional/personal conduct

B1 B2 B3 B4 B5 B6 B7 B8 B9

**C** Provide a good standard of clinical care and practice

C1 C2 C3 C4 C5 **C6** C7 C8 C9

**D** Establish and maintain a clear professional relationship with patients

D1 D2 D3 D4

**E** Obtain informed consent for all aspects of patient care

E1 E2 **E3** E4 E5 E6 E7

**F** Communicate properly and effectively with patients, colleagues and other healthcare professionals

F1 F2 F3 **F4** F5 F6

**G** Maintain, develop and work within your professional knowledge and skills

G1 G2 **G3** G4 G5 G6

**H** Maintain and protect patient information

H1 H2 H3 H4 H5 H6 H7

### Certification

This certificate confirms that  
participated in this CPD event

  
S L BRUCE, APM Director

**90**  
minutes

**Learning by Oneself**  
Recorded

### Confirmation

I confirm that this is an accurate reflection of my learning during this event.

Signed: .....

### Osteopathic Practice Standards 2019

**A** Communication and patient partnership

A1 A2 A3 **A4** A5 A6 A7

**B** Knowledge, skills and performance

**B1 B2 B3 B4**

**C** Safety and quality in practice

**C1** C2 C3 C4 C5 C6

**D** Professionalism

D1 D2 D3 D4 D5 D6  
D7 D8 D9 D10 D11 D12

Objective Activity: None  
Communication & Consent: No

  
Academy  
of PHYSICAL MEDICINE

**Evaluation, Reflection and Impact on Practice** (this part of the certificate is **not** automatically generated - it has been entered by the participant)