CPD EVENT RECORD

TREATMENT PLANS

with Russ Rosen DC



Summary

This discussion concerned the validity of lengthy treatment plans. It examined the instinctive reluctance of practitioners to propose lengthy plans, and suggested that aiming for better overall health, rather than simply resolving a specific problem was an acceptable approach. It was emphasised throughout that practitioners should communicate clearly and honestly with patients, explaining what their aim is, and providing target dates. Regular confirmation that the patient is "on track" was required, with reassessment when necessary. While it was made clear that patients should never be exploited, practitioners were advised to recognise their own worth.



Evaluation, Reflection and Impact on Practice (this part of the certificate is **not** automatically generated - it has been entered by the participant)