## CPD EVENT RECORD CHRONIC PAIN - A PRACTITIONER RESOURCE

with Pippa Cossens

## Summary

This discussion concerned a useful resource for practitioners dealing with patients' chronic pain. Intended mainly for patients, helping to provide them with the means to deal with the many components of chronic pain, it also offered a support platform for practitioners. Psychological aspects of chronic pain were discussed, but it was made clear that practitioners should not stray from their own areas of expertise - SIRPA was recommended as a reliable resource in more complex cases.

**Recording:** 

Learning by Oneself

Evidence was provided for the protocols, but it was acknowledged that a greater body of evidence would be useful.



Evaluation, Reflection and Impact on Practice (this part of the certificate is not automatically generated - it has been entered by the participant)