

CPD EVENT RECORD

CHRONIC PAIN AND NEUROFEEDBACK TRAINING

with Mr Nick Birch and Jon Graham

Recording:
*Learning
by Oneself*

Summary

This discussion comprised an update on the definition and treatment of chronic pain, as well as a demonstration of equipment for neurological feedback training, aimed at adjusting the balance of θ and α waves. The latest NICE guidelines were discussed, and it was noted that acupuncture had been reintroduced (without any apparent change in the evidence!) as a treatment option for chronic pain, although neurofeedback training was not included due to current lack of evidence. The success of a proof-of-concept study, and an initial RCT was outlined, indicating that the protocol could become mainstream within a few years.

It was noted that, because it affects different areas of the brain, neurofeedback training had little or no placebo effect.

Chiropractic Code 2016

A Put the health interests of patients first

A1 A2 A3 A4 A5 A6 A7

C Provide a good standard of clinical care and practice

C1 C2 C3 C4 C5 **C6** C7 C8 C9

E Obtain informed consent for all aspects of patient care

E1 E2 E3 E4 E5 E6 E7

G Maintain, develop and work within your professional knowledge and skills

G1 G2 G3 G4 G5 G6

B Act with honesty & integrity. Maintain the highest standards of professional/personal conduct

B1 B2 B3 B4 B5 B6 B7 B8 B9

D Establish and maintain a clear professional relationship with patients

D1 D2 D3 D4

F Communicate properly and effectively with patients, colleagues and other healthcare professionals

F1 F2 **F3** F4 F5 F6

H Maintain and protect patient information

H1 H2 H3 H4 H5 H6 H7

Certification

This certificate confirms that

participated in this CPD event


S L BRUCE, APM Director

90
minutes

Learning by Oneself
Recorded

Confirmation

I confirm that this is an accurate reflection of my learning during this event.

Signed:

Osteopathic Practice Standards 2019

A Communication and patient partnership

A1 A2 A3 A4 **A5** A6 A7

B Knowledge, skills and performance

B1 B2 B3 B4

C Safety and quality in practice

C1 C2 C3 C4 C5 C6

D Professionalism

D1 D2 D3 D4 D5 D6
D7 D8 D9 **D10** D11 D12

Objective Activity: None
Communication & Consent: No

NICE Guidance:
NG193: Chronic Pain in over 16s
7th April 2021


Academy
of PHYSICAL MEDICINE

Evaluation, Reflection and Impact on Practice (this part of the certificate is **not** automatically generated - it has been entered by the participant)