## CPD EVENT RECORD ENDOSCOPIC SPINAL SURGERY

Recording:

Learning
by Oneself

with Lt Col David Baxter MBChB FRCS PhD FFSEM

Colonel Baxter is a Defence Consultant Neurosurgeon, specialising in endoscopic spinal surgery. He has a particular interest in sports and exercise medicine, as well as non-surgical approaches to dealing with back-related pain.

He spoke about the latest developments in surgery and their effect on recovery times, as well as the risks inherent in disc decompression, regardless of the approach taken.

He emphasised the role of biomechanical imbalances in causing disc problems and related symptoms, illustrating his points with detailed reference to MR imagery.



Evaluation, Reflection and Impact on Practice (this part of the certificate is not automatically generated - it has been entered by the participant)