## **CPD EVENT RECORD**

## **Case-Based Discussion**



This discussion concerned the impact of hip replacements on both patients and practitioners. The risks of high velocity techniques which might affect a replaced joint were discussed, taking into account the different typs of replacement. The value of having a wide range of techniques to address joints was emphasised, as was the value of minimal leverage technique.

Calcified labrum in an aplastic hip was also discussed, although no firm conclusions were reached. The value of yoga and strength training were considered.t

The distinction between traction and distraction was debated.

Recovery times after surgery were a concern with examples ranging between 3 weeks and several months. The effect on a practitioner's practice was discussed, where the practitioner had undergone hip replacement.



**Evaluation, Reflection and Impact on Practice** (this part of the certificate is **not** automatically generated - it has been entered by the participant)