CPD EVENT RECORD

GENDER DYSPHORIA/AFFIRMING GENDER IDENTITY

Recording:

Learning
by Oneself

with Bob Withers

This discussion examined the possibility that people seeking gender reassignment could be doing so for a variety of reasons, including (in some cases) psychological or physical trauma.

An argument was proposed that there was a need for caution in proceeding with irreversible treatments, such as surgery, given the possibility that some might later regret their choice. It was recognised that the numbers expressing regret could be small, but also that they might be underestimated for many reasons.

The need to respect choices and treat all individuals equally was emphasised.

While the limitations of physical therapists in dealing with complex issues such as gender dysphoria were understood, it was also recognised that the intimacy of a physical therapy encounter could be challenging for affected patients, and that practitioners should be able to recommend appropriate resources where appropriate.



Evaluation, Reflection and Impact on Practice (this part of the certificate is not automatically generated - it has been entered by the participant)