

# CPD EVENT RECORD

## Case-Based Discussion

Live Event:  
Learning  
With Others

This case concerned an 8-year-old girl suffering faecal impaction/constipation. She had been through the standard regime of laxatives (osmotic and stimulant), but continued to suffer pain and abdominal cramps. Domestically, she was increasingly affected by the behaviour of her alcoholic father.

A number of aspects of care were discussed. Regarding exercise to improve core stability and abdominal strength, it was emphasised that these need to be fun, and several ideas were proposed.

Ideas regarding retraining the bowel, and the possible Chinese medicine options, were shared.

Dietary components were discussed and options for manual relief of the colon described.

<div>Chiropractic Code 2016</div> <div><div><div>A</div><div>Put the health interests of patients first</div><div>A1 A2 A3 A4 A5 A6 A7</div></div><div><div>B</div><div>Act with honesty &amp; integrity. Maintain the highest standards of professional/personal conduct</div><div>B1 B2 B3 B4 B5 B6 B7 B8 B9</div></div><div><div>C</div><div>Provide a good standard of clinical care and practice</div><div>C1 C2 C3 C4 C5 C6 C7 C8 C9</div></div><div><div>D</div><div>Establish and maintain a clear professional relationship with patients</div><div>D1 D2 D3 D4</div></div><div><div>E</div><div>Obtain informed consent for all aspects of patient care</div><div>E1 E2 E3 E4 E5 E6 E7</div></div><div><div>F</div><div>Communicate properly and effectively with patients, colleagues and other healthcare professionals</div><div>F1 F2 F3 F4 F5 F6</div></div><div><div>G</div><div>Maintain, develop and work within your professional knowledge and skills</div><div>G1 G2 G3 G4 G5 G6</div></div><div><div>H</div><div>Maintain and protect patient information</div><div>H1 H2 H3 H4 H5 H6 H7</div></div><div>Equality, Diversity &amp; Inclusion: No</div></div>	<div>Certification</div> <div>This certificate confirms that</div> <div>participated in this CPD event</div> <div><div></div><div>S L BRUCE, APM Director</div></div> <div><div>90</div><div>minutes</div><div>Learning with Others</div><div>Live, online discussion</div><div>10<sup>th</sup> January 2024</div></div> <div>Confirmation</div> <div>I confirm that this is an accurate reflection of my learning during this event.</div> <div>Signed: .....</div>	<div>Osteopathic Practice Standards 2019</div> <div><div><div>A</div><div>Communication and patient partnership</div><div>A1 A2 A3 A4 A5 A6 A7</div></div><div><div>B</div><div>Knowledge, skills and performance</div><div>B1 B2 B3 B4</div></div><div><div>C</div><div>Safety and quality in practice</div><div>C1 C2 C3 C4 C5 C6</div></div><div><div>D</div><div>Professionalism</div><div>D1 D2 D3 D4 D5 D6 D7 D8 D9 D10 D11 D12</div></div><div>Objective Activity: Case-Based Discussion</div><div>Communication &amp; Consent: No</div><div>NICE Guidance:</div><div>Clinical Knowledge Summary</div><div>Constipation in Children</div><div>Revised November 2020</div><div><div>Academy</div><div>of PHYSICAL MEDICINE</div></div></div>
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Evaluation, Reflection and Impact on Practice (this part of the certificate is **not** automatically generated - it has been entered by the participant)