CPD EVENT RECORD

Case-Based Discussion



This case concerned a patient with clear cauda equina syndrome red flags who was repeatedly turned away by A&E staff at hospital, despite referral by both osteopath and GP.

Only through the osteopath's persistence, and by obtaining a private MRI scan, was the patient eventually dealt with appropriately. She has been left doubly incontinent, almost certainly as a result of the delay in getting treatment.

The importance of the latest NHS guidelines was emphasised and mechanisms for ensuring prompt care outlined.

Additionally, expert advice was given on the subject of Impostor Syndrome.2



Evaluation, Reflection and Impact on Practice (this part of the certificate is **not** automatically generated - it has been entered by the participant)