

# CPD EVENT RECORD

## Case-Based Discussion

Live Event:  
Learning  
With Others

Two cases were discussed - a patient diagnosed with Ankylosing Spondylitis and another with knee pain resulting from a maltracking patella. In the first case, diagnostic criteria were considered together with the role of physical therapy, exercise and diet in helping the patient maintain a healthy lifestyle. The NICE Guidelines were mentioned, as was the SPADE assessment tool. In this context, the importance of providing GPs with relevant references, as well as clear direction, was emphasised.

In the second case a number of factors were considered, with gait and pelvic alignment given prominence. The benefits (or lack thereof) of lateral release surgery was also discussed. Assessment of the trochlear groove and potential condromalacia patella were also suggested. Trigger point treatment was recommended.

<div>Chiropractic Code 2016</div> <div><div><div>A</div><div>Put the health interests of patients first</div><div>A1 A2 A3 A4 A5 A6 A7</div></div><div><div>C</div><div>Provide a good standard of clinical care and practice</div><div>C1 C2 C3 C4 C5 C6 C7 C8 C9</div></div><div><div>E</div><div>Obtain informed consent for all aspects of patient care</div><div>E1 E2 E3 E4 E5 E6 E7</div></div><div><div>G</div><div>Maintain, develop and work within your professional knowledge and skills</div><div>G1 G2 G3 G4 G5 G6</div></div></div> <div><div><div>B</div><div>Act with honesty &amp; integrity. Maintain the highest standards of professional/personal conduct</div><div>B1 B2 B3 B4 B5 B6 B7 B8 B9</div></div><div><div>D</div><div>Establish and maintain a clear professional relationship with patients</div><div>D1 D2 D3 D4</div></div><div><div>F</div><div>Communicate properly and effectively with patients, colleagues and other healthcare professionals</div><div>F1 F2 F3 F4 F5 F6</div></div><div><div>H</div><div>Maintain and protect patient information</div><div>H1 H2 H3 H4 H5 H6 H7</div></div></div> <div>Equality, Diversity &amp; Inclusion: No</div>	<div>Certification</div> <div>This certificate confirms that</div> <div>participated in this CPD event</div> <div><div></div><div>S L BRUCE, APM Director</div></div> <div><div>45</div><div>minutes</div><div>Learning with Others</div><div>Live, online discussion</div><div>27<sup>th</sup> February 2024</div></div> <div>Confirmation</div> <div>I confirm that this is an accurate reflection of my learning during this event.</div> <div>Signed: .....</div>	<div>Osteopathic Practice Standards 2019</div> <div><div><div>A</div><div>Communication and patient partnership</div><div>A1 A2 A3 A4 A5 A6 A7</div></div><div><div>C</div><div>Safety and quality in practice</div><div>C1 C2 C3 C4 C5 C6</div></div><div><div>E</div><div>Objective Activity: Case-Based Discussion</div><div>Communication &amp; Consent: No</div><div>NICE Guidance:</div><div>NG65 Updated 2 June 2017</div><div>Spondyloarthritis in over 16s</div></div><div><div><div>B</div><div>Knowledge, skills and performance</div><div>B1 B2 B3 B4</div></div><div><div>D</div><div>Professionalism</div><div>D1 D2 D3 D4 D5 D6 D7 D8 D9 D10 D11 D12</div></div><div><div></div></div></div></div>
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Evaluation, Reflection and Impact on Practice (this part of the certificate is **not** automatically generated - it has been entered by the participant)