## **CPD EVENT RECORD**

## **ALCOHOLISM - HELPING THOSE INDIRECTLY AFFECTED**

Recording:

Learning
by Oneself

with Ian and Annie

The effects of alcohol addiction are widespread. Families and friends of the addict can be badly affected, and often are unaware of the support mechanisms available. It is possible that first-contact practitioners could be the first to recognise the problem and it is therefore important to be able to signpost patients accordingly.

This discussion featured representatives from Al-Anon, a charity set up for this purpose.

The speakers explained the extent of the effects and how Al-Anon can help.

Contact details for the organisation were shared.



Evaluation, Reflection and Impact on Practice (this part of the certificate is not automatically generated - it has been entered by the participant)