

# CPD EVENT RECORD

## CHRONIC PAIN PATHWAYS - BEN ADAMS

Live Event:  
Learning  
With Others

This discussion and demonstration explored approaches to treating chronic pain, involving classical osteopathic techniques, as well as considering psychological components and central/peripheral sensitisation.

The importance of taking a team approach and adapting recommendations to the patient's lifestyle was emphasised

### Chiropractic Code 2016

<b>A</b> Put the health interests of patients first  A1 A2 A3 A4 A5 A6 A7	<b>B</b> Act with honesty & integrity. Maintain the highest standards of professional/personal conduct  B1 B2 B3 B4 B5 B6 B7 B8 B9
<b>C</b> Provide a good standard of clinical care and practice  C1 C2 C3 C4 C5 C6 C7 C8 C9	<b>D</b> Establish and maintain a clear professional relationship with patients  D1 D2 D3 D4
<b>E</b> Obtain informed consent for all aspects of patient care  E1 E2 E3 E4 E5 E6 E7	<b>F</b> Communicate properly and effectively with patients, colleagues and other healthcare professionals  F1 F2 F3 F4 F5 F6
<b>G</b> Maintain, develop and work within your professional knowledge and skills  G1 G2 G3 G4 G5 G6	<b>H</b> Maintain and protect patient information  H1 H2 H3 H4 H5 H6 H7

Equality, Diversity & Inclusion: No

### Certification

This certificate confirms that  
  
participated in this CPD event

  
S L BRUCE, APM Director

90 minutes  
**Learning with Others**  
Live, online discussion  
6<sup>th</sup> March 2024

### Confirmation

I confirm that this is an accurate reflection of my learning during this event.

Signed: .....

### Osteopathic Practice Standards 2019

<b>A</b> Communication and patient partnership  A1 A2 A3 A4 A5 A6 A7	<b>B</b> Knowledge, skills and performance  B1 B2 B3 B4
<b>C</b> Safety and quality in practice  C1 C2 C3 C4 C5 C6	<b>D</b> Professionalism  D1 D2 D3 D4 D5 D6 D7 D8 D9 D10D11 D12

Objective Activity: None  
Communication & Consent: No

Academy  
of PHYSICAL MEDICINE

Evaluation, Reflection and Impact on Practice (this part of the certificate is **not** automatically generated - it has been entered by the participant)