## **CPD EVENT RECORD**

## **CHRONIC PAIN PATHWAYS - BEN ADAMS**

Recording: Learning by Oneself

This discussion and demonstration explored approaches to treating chronic pain, involving classical osteopathic techniques, as well as considering psychological components and central/peripheral sensitisation.

The importance of taking a team approach and adapting recommendations to the patient's lifestyle was emphasised



Evaluation, Reflection and Impact on Practice (this part of the certificate is not automatically generated - it has been entered by the participant)