CPD EVENT RECORD

Case-Based Discussion



The main case under discussion concerned a 50-year-old man who had suffered pain after sprinting while playing softball. The main topic was the disparity in findings between xray and MRI, and the communication with the patient.

The lack of clarity over "complete tears", "full thickness tears" and "tendon rupture" was covered, witht the potential for patient catastrophisation in some cases. Repair and rehab of tendons was also discussed.

In separate cases, the effect on way of life of knee replacement was discussed, as was the potential to influence scar formation and altered sensation around an injury.



Evaluation, Reflection and Impact on Practice (this part of the certificate is not automatically generated - it has been entered by the participant)