CPD EVENT RECORD SCAR TREATMENT

Recording:

Learning
by Oneself

with Hannah Poulton

In this discussion, the benefits of treating scars, even very old scars, were explained. A physiological mechanism for the effect was proposed, although it was accepted that evidence was limited. Nevertheless, there is substantial clinical evidence to show that treatment of scars can have a significant impact on range of motion and pain, not only at the scar site, but in more remote areas.

A demonstration of techniques was provided and self-help procedures for patients explained.



Evaluation, Reflection and Impact on Practice (this part of the certificate is not automatically generated - it has been entered by the participant)