


CPD EVENT RECORD

Case-Based Discussion

Live Event:
Learning
With Others

Two female patients were discussed, with both cases involving some form of incontinence. A whole body biomechanical assessment was recommended, with particular attention on anything causing pressure on the pelvic floor. Articulation of the hips and SI joints was suggested as a means to ease congestion of the pelvic organs and treatment of the diaphragm proposed with a view to managing pressure on the pelvic floor.

Other suggestions from participants included techniques to calm an overactive sympathetic nervous system, vagal nerve stimulation, hypopressives, and pelvic floor exercises.

<div>Chiropractic Code 2016</div> <div><div><div>A</div><div>Put the health interests of patients first</div><div>A1 A2 A3 A4 A5 A6 A7</div></div><div><div>C</div><div>Provide a good standard of clinical care and practice</div><div>C1 C2 C3 C4 C5 C6 C7 C8 C9</div></div><div><div>E</div><div>Obtain informed consent for all aspects of patient care</div><div>E1 E2 E3 E4 E5 E6 E7</div></div><div><div>G</div><div>Maintain, develop and work within your professional knowledge and skills</div><div>G1 G2 G3 G4 G5 G6</div></div></div> <div><div><div>B</div><div>Act with honesty & integrity. Maintain the highest standards of professional/personal conduct</div><div>B1 B2 B3 B4 B5 B6 B7 B8 B9</div></div><div><div>D</div><div>Establish and maintain a clear professional relationship with patients</div><div>D1 D2 D3 D4</div></div><div><div>F</div><div>Communicate properly and effectively with patients, colleagues and other healthcare professionals</div><div>F1 F2 F3 F4 F5 F6</div></div><div><div>H</div><div>Maintain and protect patient information</div><div>H1 H2 H3 H4 H5 H6 H7</div></div></div> <div>Equality, Diversity & Inclusion: No</div>	<div>Certification</div> <div>This certificate confirms that</div> <div>participated in this CPD event</div> <div><div></div><div>S L BRUCE, APM Director</div></div> <div><div>45</div><div>minutes</div><div>Learning with Others</div><div>Live, online discussion</div><div>23rd April 2024</div></div> <div>Confirmation</div> <div>I confirm that this is an accurate reflection of my learning during this event.</div> <div>Signed:</div>	<div>Osteopathic Practice Standards 2019</div> <div><div><div>A</div><div>Communication and patient partnership</div><div>A1 A2 A3 A4 A5 A6 A7</div></div><div><div>C</div><div>Safety and quality in practice</div><div>C1 C2 C3 C4 C5 C6</div></div><div><div>E</div><div>Objective Activity: Case-Based Discussion</div><div>Communication & Consent: Yes</div><div>NICE Guidance:</div><div>NG 123:</div><div>Urinary incontinence...in women: management</div><div>Last updated 24th June 2019</div><div><div>Academy</div><div>of PHYSICAL MEDICINE</div></div></div><div><div><div>B</div><div>Knowledge, skills and performance</div><div>B1 B2 B3 B4</div></div><div><div>D</div><div>Professionalism</div><div>D1 D2 D3 D4 D5 D6 D7 D8 D9 D10D11 D12</div></div></div></div>
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Evaluation, Reflection and Impact on Practice (this part of the certificate is **not** automatically generated - it has been entered by the participant)