

CPD EVENT RECORD

POST TRAUMATIC STRESS DISORDER

with Andy Shaw

Recording:
*Learning
by Oneself*

Andy Shaw spoke from personal experience of the PTSD he had suffered as a result of operations during the Falklands war. He outlined the range of symptoms he and others he has helped have experienced and described the therapeutic pathway he has developed, "The Mountain Way". He provided insights into the behavioural changes that sufferers might display, and was able to comment on the the role PTSD plays in prologing or exacerbating pain.

The standard care for PTSD (CBT and EMDR) was examined and its limitations, both in modality and follow up, highlighted, as was the current approach taken within the military.

The high suicide rate in veterans affected by PTSD was noted.

Chiropractic Code 2016

A Put the health interests of patients first

A1 A2 **A3** A4 A5 A6 A7

C Provide a good standard of clinical care and practice

C1 C2 C3 **C4** C5 C6 C7 C8 C9

E Obtain informed consent for all aspects of patient care

E1 E2 E3 E4 E5 E6 E7

G Maintain, develop and work within your professional knowledge and skills

G1 G2 G3 G4 **G5** G6

Equality, Diversity & Inclusion: No

B Act with honesty & integrity. Maintain the highest standards of professional/personal conduct

B1 B2 B3 B4 B5 B6 B7 B8 B9

D Establish and maintain a clear professional relationship with patients

D1 D2 D3 D4

F Communicate properly and effectively with patients, colleagues and other healthcare professionals

F1 F2 **F3** F4 F5 F6

H Maintain and protect patient information

H1 H2 H3 H4 H5 H6 H7

Certification

This certificate confirms that

participated in this CPD event


S L BRUCE, APM Director

90
minutes

Learning by Oneself
Recorded

Confirmation

I confirm that this is an accurate reflection of my learning during this event.

Signed:

Osteopathic Practice Standards 2019

A Communication and patient partnership

A1 A2 A3 A4 **A5** A6 A7

B Knowledge, skills and performance

B1 B2 B3 B4

C Safety and quality in practice

C1 C2 C3 **C4** C5 C6

D Professionalism

D1 D2 D3 D4 D5 D6
D7 D8 D9 **D10** D11 D12

Objective Activity: None

Communication & Consent: Yes

NICE Guidance:

NG116

Post-traumatic stress disorder

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Academy
of PHYSICAL MEDICINE

Evaluation, Reflection and Impact on Practice (this part of the certificate is **not** automatically generated - it has been entered by the participant)