## CPD EVENT RECORD FUNCTIONAL ACTIVE RELEASE: LBP AND SCIATICA

Live Event:

Learning
With Others

with Robin Lansman

This course covered new "muscle chain" assessment methods that can be developed into bespoke and prescribed rehabilitation exercises. They can also assist with focused, hands-on care to release deep muscle tension.

A major part of the technique is to enhance effective management by opening practitioner-patient dialogue.



Evaluation, Reflection and Impact on Practice (this part of the certificate is not automatically generated - it has been entered by the participant)