## **CPD EVENT RECORD**

## MSK Pain Prevention, Mental Health and EDI: The Evidence



This discussion examined the strength of evidence for various approaches to addressing MSK pain and concluded that evidence was lacking across the board, not just in osteopathy and chiropractic. The need for further and better research was recognised and opportunities to conduct this outlined.

Results of studies into EDI (Equality, Diversity and Inclusion) issues at colleges were discussed and the impact in clinics noted.



Evaluation, Reflection and Impact on Practice (this part of the certificate is not automatically generated - it has been entered by the participant)