

CPD EVENT RECORD

Case-Based Discussion *with Toosie Bawden*

Live Event:
*Learning
With Others*

Two cases were discussed, both involving pelvic floor hypertonicity in women. In the first case the patient suffered vaginismus and, fearing the breakdown of her marriage, was under considerable mental stress. Through a combination of reassurance, soft tissue and trigger point work, the problem was eased and subsequently managed, with great improvement in the patient's quality of life.

In the second case, a post-menopausal athlete was suffering incontinence. Again, treatment of the pelvic floor, this time using dry needles, was very effective.

Questions of communication, consent and treatment of intimate areas were all discussed.

<div>Chiropractic Code 2016</div> <div><div><div>A</div><div>Put the health interests of patients first</div><div>A1 A2 A3 A4 A5 A6 A7</div></div><div><div>B</div><div>Act with honesty & integrity. Maintain the highest standards of professional/personal conduct</div><div>B1 B2 B3 B4 B5 B6 B7 B8 B9</div></div><div><div>C</div><div>Provide a good standard of clinical care and practice</div><div>C1 C2 C3 C4 C5 C6 C7 C8 C9</div></div><div><div>D</div><div>Establish and maintain a clear professional relationship with patients</div><div>D1 D2 D3 D4</div></div><div><div>E</div><div>Obtain informed consent for all aspects of patient care</div><div>E1 E2 E3 E4 E5 E6 E7</div></div><div><div>F</div><div>Communicate properly and effectively with patients, colleagues and other healthcare professionals</div><div>F1 F2 F3 F4 F5 F6</div></div><div><div>G</div><div>Maintain, develop and work within your professional knowledge and skills</div><div>G1 G2 G3 G4 G5 G6</div></div><div><div>H</div><div>Maintain and protect patient information</div><div>H1 H2 H3 H4 H5 H6 H7</div></div><div>Equality, Diversity & Inclusion: No</div></div>	<div>Certification</div> <div>This certificate confirms that</div> <div>participated in this CPD event</div> <div> S L BRUCE, APM Director</div> <div><div>45</div><div>minutes</div><div>Learning with Others</div><div>Live, online discussion</div><div>10th July 2024</div></div> <div>Confirmation</div> <div>I confirm that this is an accurate reflection of my learning during this event.</div> <div>Signed:</div>	<div>Osteopathic Practice Standards 2019</div> <div><div><div>A</div><div>Communication and patient partnership</div><div>A1 A2 A3 A4 A5 A6 A7</div></div><div><div>B</div><div>Knowledge, skills and performance</div><div>B1 B2 B3 B4</div></div><div><div>C</div><div>Safety and quality in practice</div><div>C1 C2 C3 C4 C5 C6</div></div><div><div>D</div><div>Professionalism</div><div>D1 D2 D3 D4 D5 D6 D7 D8 D9 D10 D11 D12</div></div><div><div>Objective Activity: Case-Based Discussion</div><div>Communication & Consent: Yes</div></div><div></div></div>
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Evaluation, Reflection and Impact on Practice *(this part of the certificate is **not** automatically generated - it has been entered by the participant)*