## CPD EVENT RECORD QUDO SOOTHER

with Nicky Bateman

**Recording:** Learning by Oneself

This discussion featured a new design of soother (also known as a pacifier or a dummy) for babies. It was based around craniosacral principles and an understanding of infant anatomy, and had been shown to be more effective than conventional designs.

A demonstration was given, using a real baby, and the mother immediately felt that the device had been more readily accepted and that her baby had been calmer for longer than usual. She was to report back over the next few weeks regarding any changes she noted in her baby's behaviour.

Concerns about advertising and terminology that was permissible on a website were addressed.



Evaluation, Reflection and Impact on Practice (this part of the certificate is not automatically generated - it has been entered by the participant)