

# CPD EVENT RECORD

## SAFETY IN SPINAL MANIPULATION

with Prof Laurie Hartman

Live Event:  
Learning  
With Others

Summary

This discussion centres on safety in spinal manipulation, exploring minimal leverage techniques to reduce risk. It includes a case study where Prof Laurie Hartman examined and treated a real patient, demonstrating proper communication and consent. The session concludes with practical demonstrations of manipulation techniques, emphasizing the need for skill and patient trust in osteopathic and chiropractic care.

The discussion also addressed the concept of professional candour.

The approach to patient communication and informed consent demonstrated openness and honesty, and by explaining procedures, risks, and options clearly, the patient was able to make informed decisions.

<div>Chiropractic Code 2016</div> <div><div><div>A</div><div>Put the health interests of patients first</div><div>A1 A2 A3 A4 A5 A6 A7</div></div><div><div>C</div><div>Provide a good standard of clinical care and practice</div><div>C1 C2 C3 C4 C5 C6 C7 C8 C9</div></div><div><div>E</div><div>Obtain informed consent for all aspects of patient care</div><div>E1 E2 E3 E4 E5 E6 E7</div></div><div><div>G</div><div>Maintain, develop and work within your professional knowledge and skills</div><div>G1 G2 G3 G4 G5 G6</div></div></div> <div><div><div>B</div><div>Act with honesty &amp; integrity. Maintain the highest standards of professional/personal conduct</div><div>B1 B2 B3 B4 B5 B6 B7 B8 B9</div></div><div><div>D</div><div>Establish and maintain a clear professional relationship with patients</div><div>D1 D2 D3 D4</div></div><div><div>F</div><div>Communicate properly and effectively with patients, colleagues and other healthcare professionals</div><div>F1 F2 F3 F4 F5 F6</div></div><div><div>H</div><div>Maintain and protect patient information</div><div>H1 H2 H3 H4 H5 H6 H7</div></div></div> <div>Professional Candour: Yes</div>	<div>Certification</div> <div>This certificate confirms that</div> <div>participated in this CPD event</div> <div> S L BRUCE, APM Director</div> <div><div>90 minutes</div><div>Learning with Others</div><div>Live, online discussion</div><div>24<sup>th</sup> September 2024</div></div> <div>Confirmation</div> <div>I confirm that this is an accurate reflection of my learning during this event.</div> <div>Signed: .....</div>	<div>Osteopathic Practice Standards 2019</div> <div><div><div>A</div><div>Communication and patient partnership</div><div>A1 A2 A3 A4 A5 A6 A7</div></div><div><div>C</div><div>Safety and quality in practice</div><div>C1 C2 C3 C4 C5 C6</div></div></div> <div><div><div>B</div><div>Knowledge, skills and performance</div><div>B1 B2 B3 B4</div></div><div><div>D</div><div>Professionalism</div><div>D1 D2 D3 D4 D5 D6 D7 D8 D9 D10 D11 D12</div></div></div> <div>Objective Activity: None</div> <div>Communication &amp; Consent: Yes</div> <div>Relevant NICE Guidance:</div> <div>NG59: Low Back Pain and Sciatica in Over 16s: Assessment and Management (updated 2020)</div> <div></div>
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Evaluation, Reflection and Impact on Practice (this part of the certificate is **not** automatically generated - it has been entered by the participant)