CPD EVENT RECORD

THE NEUROSCIENCE OF COMMUNICATION

with Russ Rosen

Recording: Learning by Oneself

Summary

This discussion communication methods which were best suited to helping patients achieve optimal overall outcomes - beyond simply symptom management. The key was to ensure that information found its way beyond the "Lizard Brain" to the neocortex. Strategies included echoing the patient's concerns (ie reassuring them that their problem was understood) and making information "new, novel and exciting".

The overall impact of the strategy was to greatly improve a patient's confidence in treatment, thereby improving compliance and health outcomes.



Evaluation, Reflection and Impact on Practice (this part of the certificate is **not** automatically generated - it has been entered by the participant)