CPD EVENT RECORD

B12 DEFICIENCY

with Tracey Witty



This discussion evoered the signs, symptoms and misdiagnoses of B12 deficiency. The difficulty in getting appropriate testing and treatment was explored, and the absence of effective NICE Guidelines explained.

A number of cases were discussed, and the impact of B12 deficiency was made clear.

The different sources of B12 were explained, and misconceptions about those sources clarified.

The limitations of some forms of testing were outlined, along with the possibility that some dietary supplements can give rise to misleading test results



Evaluation, Reflection and Impact on Practice (this part of the certificate is not automatically generated - it has been entered by the participant)