

# Amplifying Practitioner Input/Emotional Trauma

Live, online discussion

90 Learning with Others

Communication & Consent: No
Objective Activity: Yes

#### **Personal Notes**

(For added information, for example if your "Reflection" differs from our suggestion)

## Evaluation, Reflection and Impact on Practice:

This discussion examined how external factors can influence treatment outcomes in patients. The addition of mass, conductive material, or the earthing of the practitioner was demonstrated to increase the range of motion achieved in 4 separate patients. A possible mechanism for this effect was proposed.

Separately, 2 patients who had suffered emotional trauma were treated using a combination of added mass and conductive material, while the head was manipulated (not using HVT - the approach had more in common with cranial therapy). Both patients reported an improvement in the way they responded to memories of their trauma.

On reflection, while I feel I would need further training to utilise this approach myself, it is further emphasis on the connection between emotional and physical components in a patient's condition, and it opens the possibility that physical therapy can help with psychological trauma.

#### Chiropractic Code 2016

Put the health interests of patients first

A1 A2 A3 A4 A5 A6 A7

Provide a good standard of clinical care and practice

C1 C2 C3 C4 C5 C6 C7 C8 C9

Obtain informed consent for all aspects of patient care

E1 E2 E3 E4 E5 E6 E7

Maintain, develop and work within your professional knowledge and skills

G1 G2 G3 G4 G5 G6

Act with honesty & integrity. Maintain the highest standards of professional/personal conduct

B1 B2 B3 B4 B5 B6 B7 B8 B9

Establish and maintain a clear professional relationship with patients

D1 D2 D3 D4

Communicate properly and effectively with patients, colleagues and other healthcare professionals

F1 F2 F3 F4 F5 F6

Maintain and protect patient information

H1 H2 H3 H4 H5 H6 H7

## Certification

This certificate confirms that

participated in this CPD event

S L BRUCE, APM Director

6<sup>th</sup> November 2019

# **Confirmation**

I confirm that the figure above accurately reflects the time spent by me on this CPD event.

Signed:

### **Osteopathic Practice Standards 2019**

Communication and patient partnership

A1 A2 A3 A4 A5 A6 A7

Safety and quality in practice

C1 C2 C3 C4 C5 C6

Knowledge, skills and performance

B1 B2 B3 B4

Professionalism

D1 D2 D3 D4 D5 D6 D7 D8 D9 D10D11D12

**Objective Activity: Case-Based Discussion** 

**Communication & Consent:** No

