CPD EVENT RECORD

BENIGN PAROXYSMAL POSITIONAL VERTIGO

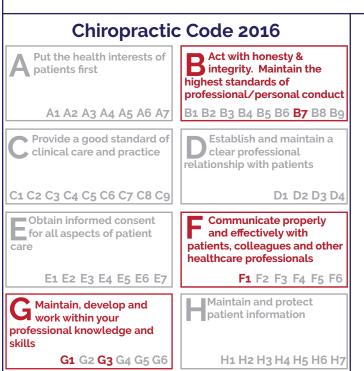
Recording:

Learning
by Oneself

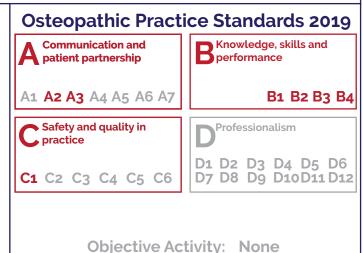
with Dr Rudi Gerhardt DO

Summary

This discussion covered the anatomy and physiology of the ear as it relates to BPPV. The signs and symptoms of BPPV were outlined, with video illustrations of different forms of nystagmus. Testing and treatment for one form (the most common) of BPPV was demonstrated, and it was made clear which conditions required further referral. The speaker explained how to differentiate BPPV from nystagmus/vertigo which was the result of arterial insufficiency. The need to explain carefully to patients that the tests used were likely to provoke symptoms was made clear.







Evaluation, Reflection and Impact on Practice

On reflection, it was extremely helpful to see different examples of nystagmus, and to learn how to determine which forms of vertigo might respond to manual therapy. This information can be applied to my own future patients, helping improve the standard of care I can offer.

Confirmation

Communication & Consent: No

I confirm that this is an accurate reflection of my learning during this event.

Signed:
