CPD EVENT RECORD

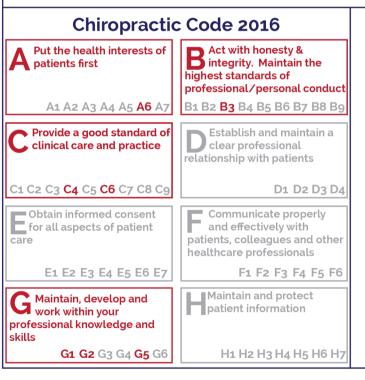
Manual Therapy and Modern Medicine

with Dr Stephen Sandler DO PhD

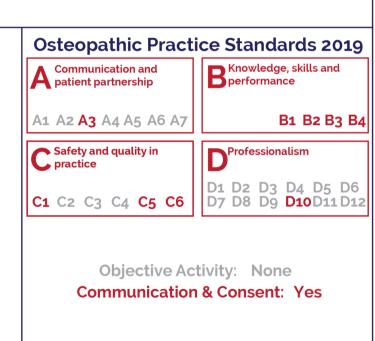
Recording: Learning by Oneself

Summary

This discussion aimed to illustrate ways in which manual therapy might help rehabilitate patients who were recovering from COVID-19 by addressing lung function through soft tissue, fascial and cranio-sacral connections. It was emphasised that there is no evidence to support claims that osteopathy or chiropractic can boost the immune system, and that practitioners must be very careful to state accurately what they expect to achieve, and that this must be based on evidence. The relevance of telephone triage and use of PPE was discussed, as well as safe disposal of protective equipment







Evaluation, Reflection and Impact on Practice

Confirmation

I confirm that this is an accurate reflection of my learning during this event.

Signed: