

CPD EVENT RECORD

ECOLOGICAL MEDICINE

with Dr Sarah Myhill

Live Event:
*Learning
With Others*

Summary

This discussion dealt at length with ME/Chronic Fatigue Syndrome, exploring the flaws in standard conventional treatment and looking into approaches more likely to be successful. The merits of a paleo/keto diet were also explained, with reference to evidence showing the effect on overall health as well as diabetes and dementia.

The challenge in communicating these benefits to patients was raised, and the need to keep within the scope of available evidence emphasised.

Chiropractic Code 2016

A Put the health interests of patients first

A1 A2 A3 A4 A5 A6 A7

C Provide a good standard of clinical care and practice

C1 C2 C3 C4 C5 C6 C7 C8 C9

E Obtain informed consent for all aspects of patient care

E1 E2 E3 E4 E5 E6 E7

G Maintain, develop and work within your professional knowledge and skills

G1 G2 G3 G4 G5 G6

B Act with honesty & integrity. Maintain the highest standards of professional/personal conduct

B1 B2 B3 B4 B5 B6 B7 B8 B9

D Establish and maintain a clear professional relationship with patients

D1 D2 D3 D4

F Communicate properly and effectively with patients, colleagues and other healthcare professionals

F1 F2 F3 F4 F5 F6

H Maintain and protect patient information

H1 H2 H3 H4 H5 H6 H7

Certification

This certificate confirms that

participated in this CPD event


S L BRUCE, APM Director

18th May 2021

90 minutes

Learning with Others

Live, online discussion


Academy
of PHYSICAL MEDICINE

Osteopathic Practice Standards 2019

A Communication and patient partnership

A1 A2 A3 A4 A5 A6 A7

B Knowledge, skills and performance

B1 B2 B3 B4

C Safety and quality in practice

C1 C2 C3 C4 C5 C6

D Professionalism

D1 D2 D3 D4 D5 D6
D7 D8 D9 D10 D11 D12

Objective Activity: None

Communication & Consent: Yes

Evaluation, Reflection and Impact on Practice

I undertook this learning because I felt a need to understand better a broader approach to healthcare. Having listened to Dr Myhill, I am reassured that there is evidence to back up the advice I give to patients and I feel that many of my patients will welcome suggestions which address causes rather than symptoms. This will therefore be of great use in my own practice.

Confirmation

I confirm that this is an accurate reflection of my learning during this event.

Signed: