

CPD EVENT RECORD

EMOTIONS, STRESS POSTURE AND PATIENTS

with Dr Anne Jensen DC, DPhil

Recording:
*Learning
by Oneself*

Summary

This discussion examined the role of muscle response testing (MRT) in connection with health problems in patients. The speaker had conducted significant research into the validity of MRT and had considerable experience of its success in clinic as part of a protocol she had entitled "HeartSpeak". The main purpose of this was to determine whether emotions were playing a significant part in hampering recovery and to address those problems either separately or in conjunction with manual therapy. Part of the process involved asking patients to invoke sensations of fear or anger, and the potential for this to exacerbate conditions such as PTSD was considered. The risk was felt to be very low.

Chiropractic Code 2016

A Put the health interests of patients first

A1 A2 A3 A4 A5 A6 A7

C Provide a good standard of clinical care and practice

C1 C2 C3 C4 C5 **C6** C7 C8 C9

E Obtain informed consent for all aspects of patient care

E1 E2 E3 E4 E5 E6 E7

G Maintain, develop and work within your professional knowledge and skills

G1 G2 G3 G4 G5 G6

B Act with honesty & integrity. Maintain the highest standards of professional/personal conduct

B1 B2 B3 B4 B5 B6 B7 B8 B9

D Establish and maintain a clear professional relationship with patients

D1 D2 D3 D4

F Communicate properly and effectively with patients, colleagues and other healthcare professionals

F1 F2 F3 F4 F5 F6

H Maintain and protect patient information

H1 H2 H3 H4 H5 H6 H7

Certification

This certificate confirms that

participated in this CPD event


S L BRUCE, APM Director

Date:

90 minutes
Learning by Oneself
Recorded


Academy
of PHYSICAL MEDICINE

Osteopathic Practice Standards 2019

A Communication and patient partnership

A1 A2 **A3** A4 A5 A6 A7

B Knowledge, skills and performance

B1 B2 B3 B4

C Safety and quality in practice

C1 C2 C3 C4 C5 C6

D Professionalism

D1 D2 D3 D4 D5 D6
D7 D8 D9 **D10** D11 D12

Objective Activity: None
Communication & Consent: No

Evaluation, Reflection and Impact on Practice

I undertook this CPD to further my knowledge of alternative approaches to treatment. It was interesting to hear about the research behind MRT and this will help me communicate the effectiveness of treatments such as Applied Kinesiology to patients.

Confirmation

I confirm that this is an accurate reflection of my learning during this event.

Signed: