CPD EVENT RECORD

THE LANGUAGE OF TOUCH

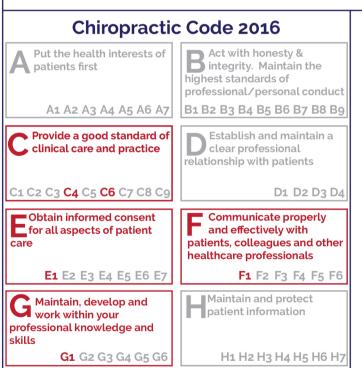
with Simeon Niel-Asher

Recording: Learning by Oneself

Summary

This discussion concerned the value of touch as a therapeutic intervention. Evidence was drawn from primate studies and elsewhere, showing how the overall effect is greater than simply placebo. Where trigger points are concerned, an introduction to pain patterns was made, with explanation of how physical therapy can be used to overcome dysfunction.

On reflection, this broadcast reaffirmed the nature of trigger points, and has reminded me to consider these in future treatments, since a far greater proportion of my patients are likely to benefit than I had previously realised was the case.







Evaluation, Reflection and Impact on Practice

Confirmation

I confirm that this is an accurate reflection of my learning during this event.

Signed: