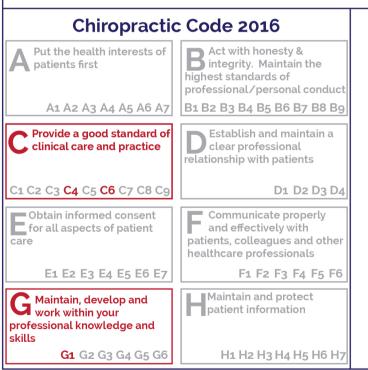
## **CPD EVENT RECORD Spondylolisthesis and T4 Syndrome**

Recording: Learning by Oneself

with Simeon Niel-Asher

## **Summary**

This presentation demonstrated a number of techniques based on tigger point theory for dealing with spondylolisthesis and T4 syndrome. The types, grades and aetiology of spondylolistheses were outlined, together with differntial diagnoses for both conditions. It was argued that although there is no research evidence to support it, clinical outcomes were encouraging. Needling was also recommended as a possible treatment for T4 Syndrome, but the need for rigorous safety measures around the intercostal areas was emphasised.







## **Evaluation, Reflection and Impact on Practice**

## Confirmation

I confirm that this is an accurate reflection of my learning during this event.

Signed			