

CPD EVENT RECORD

HIP AND KNEE CASES

with Mr Joyti Saksena

Recording:
*Learning
by Oneself*

Evaluation, Reflection and Impact on Practice

Summary

This discussion covered 2 knee cases and one hip case. The first was an osteochondral defect caused by impact and subsequent avascular necrosis. Although the successful treatment involved an autograft, the initial presentation would not necessarily have indicated this, and it was emphasised that conservative rehab would have been appropriate until it was evident that there was no improvement. The second involved bilateral knee pain in a runner, leading to a subchondroplasty, using the patient's own tissue. The final case was that of a young woman with bilateral pain. This patient also had sickle cell disease, and the mechanism by which it produced the hip pain was described.

Reflection

Knee and hip pain are common in clinic, and this CPD brought me up-to-date on certain surgical procedures, reassured me that pursuing a conservative approach in the early stages was the best option, and reminded me to consider how sickle cell disease might be an important component in hip or shoulder pain, requiring urgent surgical intervention. I feel this has enhanced my ability to provide proper care to my patients.

Chiropractic Code 2016

A Put the health interests of patients first

A1 A2 **A3** A4 A5 A6 A7

C Provide a good standard of clinical care and practice

C1 C2 C3 C4 C5 **C6** C7 C8 C9

E Obtain informed consent for all aspects of patient care

E1 E2 E3 E4 E5 E6 E7

G Maintain, develop and work within your professional knowledge and skills

G1 G2 G3 G4 **G5** G6

B Act with honesty & integrity. Maintain the highest standards of professional/personal conduct

B1 B2 B3 B4 B5 B6 B7 B8 B9

D Establish and maintain a clear professional relationship with patients

D1 D2 D3 D4

F Communicate properly and effectively with patients, colleagues and other healthcare professionals

F1 F2 **F3** F4 F5 F6

H Maintain and protect patient information

H1 H2 H3 H4 H5 H6 H7

Certification

This certificate confirms that

participated in this CPD event


S L BRUCE, APM Director

Date:

45 minutes
Learning by Oneself
Recorded


Academy
of PHYSICAL MEDICINE

Confirmation

I confirm that the figure shown accurately reflects the time spent by me on this event.

Signed:

Osteopathic Practice Standards 2019

A Communication and patient partnership

A1 A2 A3 A4 A5 A6 A7

B Knowledge, skills and performance

B1 B2 B3 B4

C Safety and quality in practice

C1 C2 C3 **C4** C5 C6

D Professionalism

D1 D2 D3 D4 D5 D6
D7 D8 D9 **D10** D11 D12

Objective Activity: None
Communication & Consent: No