CPD EVENT RECORD

Movement as Treatment

with Joanne Elphinston

Recording:

Learning
by Oneself

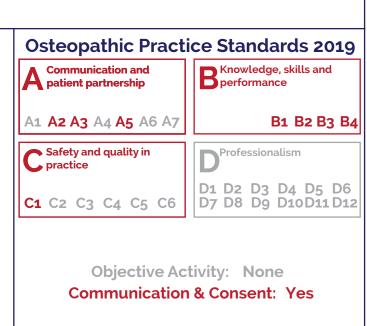
Summary

In this discussion and demonstration, the speaker contrasted the utility of exercise and movement, as tools to aid rehabilitation. The value of functionally-based movement was clearly explained and illustrated through a case history. Demonstrations of a number of different therapeutic movements were given, together with ideas on how these could be modified for different problem areas of the body.

Chiropractic Code 2016 Put the health interests of Act with honesty & integrity. Maintain the A patients first highest standards of professional/personal conduct A1 A2 A3 A4 A5 A6 A7 B1 B2 B3 B4 B5 B6 B7 B8 B9 Provide a good standard of Establish and maintain a clinical care and practice clear professional relationship with patients C1 C2 C3 C4 C5 C6 C7 C8 C9 D1 D2 D3 D4 Obtain informed consent Communicate properly for all aspects of patient and effectively with patients, colleagues and other healthcare professionals E1 E2 E3 E4 E5 E6 E7 F1 F2 F3 F4 F5 F6 **■**Maintain and protect G Maintain, develop and work within your patient information professional knowledge and

G1 G2 G3 G4 G5 G6





Evaluation, Reflection and Impact on Practice

H1 H2 H3 H4 H5 H6 H7

On reflection, the approach outlined here is applicable to all my patients, in particular addressing their beliefs, where these might be obstacles to recovery. The approach to communicating in terms that a patient will respond to is something I will find helpful

Confirmation

I confirm that this is an accurate reflection of my learning during this event.

Signed: