

CPD EVENT RECORD

KNEE AND FOOT PAIN

with Simeon Niel-Asher

Recording:
*Learning
by Oneself*

Summary

This discussion explained the role of trigger points in 3 main problems: Runner's Knee, Achilles Tendinopathy and Plantar Fasciitis. The incidence and aetiology of the conditions was considered, and the potential for misleading symptoms explained. Differential diagnoses and red flag symptoms were also discussed. A number of treatments were demonstrated, including one for ankle instability, and needling opportunities were explained.

Chiropractic Code 2016

A Put the health interests of patients first

A1 A2 A3 A4 A5 A6 A7

C Provide a good standard of clinical care and practice

C1 C2 C3 **C4 C5 C6** C7 C8 C9

E Obtain informed consent for all aspects of patient care

E1 E2 E3 E4 E5 E6 E7

G Maintain, develop and work within your professional knowledge and skills

G1 G2 G3 G4 G5 G6

B Act with honesty & integrity. Maintain the highest standards of professional/personal conduct

B1 B2 B3 B4 B5 B6 B7 B8 B9

D Establish and maintain a clear professional relationship with patients

D1 D2 D3 D4

F Communicate properly and effectively with patients, colleagues and other healthcare professionals

F1 F2 F3 F4 F5 F6

H Maintain and protect patient information

H1 H2 H3 H4 H5 H6 H7

Certification

This certificate confirms that

participated in this CPD event


S L BRUCE, APM Director

Date:

75 minutes
Learning by Oneself
Recorded


Academy
of PHYSICAL MEDICINE

Osteopathic Practice Standards 2019

A Communication and patient partnership

A1 A2 **A3** A4 A5 A6 A7

B Knowledge, skills and performance

B1 B2 B3 B4

C Safety and quality in practice

C1 C2 C3 C4 C5 C6

D Professionalism

D1 D2 D3 D4 D5 D6
D7 D8 D9 D10 D11 D12

Objective Activity: None
Communication & Consent: No

Evaluation, Reflection and Impact on Practice

On reflection, these are common problems and relate to many of the patients that I see in clinic. There was much useful information in this discussion and demonstration that I can put to good use, including some treatment modalities that I was not previously familiar with.

Confirmation

I confirm that this is an accurate reflection of my learning during this event.

Signed: