

CPD EVENT RECORD

MAINTENANCE TREATMENT

with Andreas Eklund

Recording:
*Learning
by Oneself*

Evaluation, Reflection and Impact on Practice

Summary

This discussion concerned the evidence relating to maintenance care for back pain. The details of relevant research were shared, indicating that one particular psychological group was likely to benefit markedly from maintenance care, while the two others would not. Methods for classification of patients into appropriate groups were explained and future research into a screening tool was described.

Reflection

It is a constant concern that there is inadequate evidence to support manual therapy, so I undertook this training to find out what current research could offer. The information provided has the potential to make a big impact on my practice, as it helps identify those who will benefit most from maintenance care. This means better outcomes for those patients and will help me to avoid offering maintenance care to poor responders. In both cases this means better efficacy and better cost-effectiveness for the patient.

Chiropractic Code 2016

A Put the health interests of patients first

A1 A2 A3 A4 A5 A6 A7

B Act with honesty & integrity. Maintain the highest standards of professional/personal conduct

B1 B2 B3 B4 B5 **B6** B7 B8 B9

C Provide a good standard of clinical care and practice

C1 C2 C3 **C4** C5 **C6** C7 C8 C9

D Establish and maintain a clear professional relationship with patients

D1 D2 D3 D4

E Obtain informed consent for all aspects of patient care

E1 E2 E3 E4 E5 E6 E7

F Communicate properly and effectively with patients, colleagues and other healthcare professionals

F1 F2 F3 F4 F5 F6

G Maintain, develop and work within your professional knowledge and skills

G1 G2 G3 G4 G5 G6

H Maintain and protect patient information

H1 H2 H3 H4 H5 H6 H7

Certification

This certificate confirms that

participated in this CPD event



S L BRUCE, APM Director

Date:

90 minutes
Learning by Oneself
Recorded

Academy
of PHYSICAL MEDICINE

Confirmation

I confirm that the figure shown accurately reflects the time spent by me on this event.

Signed:

Osteopathic Practice Standards 2019

A Communication and patient partnership

A1 A2 A3 A4 **A5** A6 A7

B Knowledge, skills and performance

B1 B2 B3 B4

C Safety and quality in practice

C1 C2 C3 C4 C5 C6

D Professionalism

D1 D2 D3 D4 D5 D6
D7 D8 D9 D10 D11 D12

Objective Activity: None
Communication & Consent: No