# **CPD EVENT RECORD**

# **NUTRITION-7 ESSENTIALS**

with Natalia Kerkham

Recording: Learning by Oneself

### Evaluation, Reflection and Impact on Practice:

This discussion consisted of an overview of nutritional essentials, with emphasis on how some might provide a useful defence against the coronavirus. Ms Kerkham was able to dispel some myths about certain food groups, while providing useful advice in a format which would be readily understandable by patients.

## **Chiropractic Code 2016**

A Put the health interests of patients first

A1 A2 A3 A4 A5 A6 A7

Provide a good standard of clinical care and practice

C1 C2 C3 C4 C5 **C6** C7 C8 C9

Obtain informed consent for all aspects of patient care

E1 E2 E3 E4 E5 E6 E7

Maintain, develop and work within your professional knowledge and skills

G1 G2 G3 G4 G5 G6

Act with honesty & integrity. Maintain the highest standards of professional/personal conduct B1 B2 B3 B4 B5 B6 B7 B8 B9

Establish and maintain a clear professional relationship with patients

D1 D2 D3 D4

Communicate properly and effectively with patients, colleagues and other healthcare professionals

F1 F2 F3 F4 F5 F6

Maintain and protect patient information

H1 H2 H3 H4 H5 H6 H7

#### Certification

This certificate confirms that

participated in this CPD event

S L BRUCE, APM Director

Date:

45 minutes
Learning by Oneself

Recorded



#### Confirmation

I confirm that the figure shown accurately reflects the time spent by me on this event.

Signed:

#### **Osteopathic Practice Standards 2019**

A Communication and patient partnership

A1 A2 A3 A4 A5 A6 A7

Rnowledge, skills and performance

B1 B2 B3 B4

Safety and quality in practice

C1 C2 C3 C4 C5 C6

D1 D2 D3 D4 D5 D6 D7 D8 D9 D10D11D12

▶ Professionalism

Objective Activity: None Communication & Consent: No