## **CPD EVENT RECORD**

### **PAIN SCIENCE**

with Dr Morten Høgh PhD

## Recording: Learning by Oneself

#### **Evaluation, Reflection and Impact on Practice**

#### **Summary**

This discussion considered the merits of pain science, and its applicability in clinic. The concept of "narrative treatment" was discussed, and its role in differing conditions, such as fibromyalgia and low back pain, explained. WHO definitions of chronic pain were also covered.

#### Reflection

#### **Chiropractic Code 2016** Put the health interests of Act with honesty & Put the healt patients first integrity. Maintain the highest standards of professional/personal conduct A1 A2 A3 A4 A5 A6 A7 B1 B2 B3 B4 B5 B6 B7 B8 B9 Provide a good standard of Establish and maintain a clinical care and practice clear professional relationship with patients C1 C2 C3 C4 C5 C6 C7 C8 C9 D1 D2 D3 D4 Communicate properly Obtain informed consent for all aspects of patient and effectively with patients, colleagues and other healthcare professionals E1 E2 E3 E4 E5 E6 E7 F1 F2 F3 F4 F5 F6 ■ Maintain and protect Maintain, develop and Work within your patient information professional knowledge and

**G1** G2 G3 G4 G5 G6

H1 H2 H3 H4 H5 H6 H7



# I confirm that the figure shown accurately reflects the time spent by me on this event. Signed:

Confirmation

## Osteopathic Practice Standards 2019 Communication and Knowledge, skills and

A Communication and patient partnership	
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A1 A2 A3 A4 A5 A6 A7 B1 B2 B3 B4

performance

C1 C2 C3 C4 C5 C6

D<sup>Professionalism</sup>
D1 D2 D3 D4 D5 D6
D7 D8 D9 D10D11D12

**Objective Activity: None** 

**Communication & Consent: Yes**