# **CPD EVENT RECORD**

## PITFALLS IN SPINAL ASSESSMENT

with Mr Bob Chaterjee



### **Evaluation, Reflection and Impact on Practice**

#### **Summary**

This discussion examined the importance of case history taking in assessing spinal problems and cautioned against over-reliance on imagery. The importance of good communication, both in eliciting information and in explaining problems, was stressed. Abnormal patient psychometrics were outlined and the possibility that these could mislead the practioner explained. Rare but important conditions were illustrated and the importance of early referral of possible cauda equina cases was stressed.

#### Reflection

A great proportion of my work is spinal and I attended this CPD to ensure that my knowledge was up-to-date. This will help prevent misdiagnoses, protecting patients from consequent harm and is likely to improve overall outcomes.

#### **Chiropractic Code 2016** Put the health interests of Act with honesty & A patients first integrity. Maintain the highest standards of professional/personal conduct B1 B2 B3 B4 B5 B6 B7 B8 B9 A1 A2 A3 A4 A5 A6 A7 Provide a good standard of Establish and maintain a clinical care and practice clear professional relationship with patients C1 C2 C3 C4 C5 C6 C7 C8 C9 D1 D2 D3 D4 Communicate properly Obtain informed consent for all aspects of patient and effectively with patients, colleagues and other healthcare professionals E1 E2 E3 E4 E5 E6 E7 **F1** F2 F3 **F4** F5 F6 ■ Maintain and protect Maintain, development work within your Maintain, develop and patient information professional knowledge and

**G1** G2 G3 G4 **G5** G6

H1 H2 H3 H4 H5 H6 H7





Objective Activity: None Communication & Consent: No