CPD EVENT RECORD

ELBOW AND SHOULDER PROBLEMS

with Mr Rupen Dattani

Recording: Learning by Oneself

Evaluation, Reflection and Impact on Practice:

This discussion began with a discussion of tennis and golfer's elbow. Mr Dattani confirmed that rest is the best option for initial treatment, but went on to explain alternatives, including shockwave therapy, PRP injection, corticosteroids and prolotherapy. Diagnostic indicators and misleading referral patterns were covered, as was the use of epicondylar straps. He concluded with video illustration of frozen shoulder treatments.

On reflection, much of what was said served to confirm my existing knowledge, which gives confidence that my patients are receiving the best possible treatment. Information concerning the alternative interventions, and the indicators for them, will be useful in dealing with stubborn cases.

Chiropractic Code 2016 Put the health interests of Act with honesty & patients first integrity. Maintain the highest standards of professional/personal conduct B1 B2 B3 B4 B5 B6 B7 B8 B9 A1 A2 A3 A4 A5 A6 A7 Provide a good standard of Establish and maintain a clinical care and practice clear professional relationship with patients

C1 C2 C3 C4 C5 C6 C7 C8 C9

Obtain informed consent

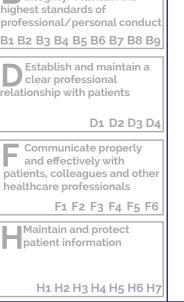
for all aspects of patient

Maintain, development work within your Maintain, develop and

professional knowledge and

E1 E2 E3 E4 E5 E6 E7

G1 G2 G3 G4 G5 G6





Confirmation

I confirm that the figure shown accurately reflects the time spent by me on this event.

Signed:

Osteopathic Practice Standards 2019



A1 A2 A3 A4 A5 A6 A7

Knowledge, skills and performance B1 B2 B3 B4

Safety and quality in practice

C1 C2 C3 C4 C5 C6

➡ Professionalism D1 D2 D3 D4 D5 D6 D7 D8 D9 D10D11D12

Objective Activity: None Communication & Consent: No