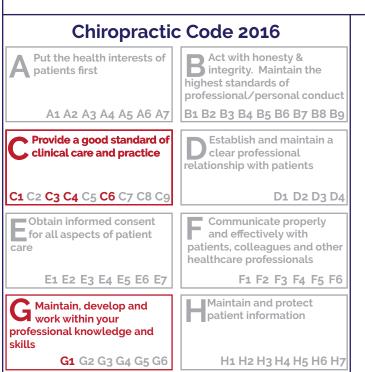
CPD EVENT RECORD Face, Head & Neck Pain

with Simeon Niel-Asher

Live Event: Learning With Others

Summary

This discussion concerned the effects of whiplash injury on the MSK system, nervous system and psychology. The relevance of trigger points in treating Whiplash Associated Disorder and Greater Occipital Neuralgia was explained, and the medico-legal requirements of a case history were outlined. The relative importance of different muscle groups in addressing these problems was also dicussed, with emphasis on the often-overlooked longus colli. Trigger Poits 3D was demonstrated - a very useful app for practitioners to understand which trigger points might be involved and for illustrating to patients how their pain might be referred.







Evaluation, Reflection and Impact on Practice

On reflection, this training has clear relevance to many of my patients, some of whom may be suffering chronic effects from untreated WAD.

Confirmation

I confirm that this is an accurate reflection of my learning during this event.

Signed: