CPD EVENT RECORD

SLEEP APNOEA

with Dr Rosalba Courtney PhD

Recording: Learning by Oneself

Evaluation, Reflection and Impact on Practice:

This discussion centred on the definition, causes, signs and symptoms, and treatment of sleep apnoea. The prevalence of the condition, together with the degree to which it is underdiagnosed were covered, as were the pros and cons of a number of conventional or alternative interventions. The role of sleep apnoea in other conditions, including cardiovascular disease, hypertension and diabetes was outlined, and details of several useful screening tools were given.

Reflection

Chiropractic Code 2016 Put the health interests of Act with honesty & patients first integrity. Maintain the highest standards of professional/personal conduct B1 B2 B3 B4 B5 B6 B7 B8 B9 A1 A2 A3 A4 A5 A6 A7 Provide a good standard of Establish and maintain a clinical care and practice clear professional relationship with patients C1 C2 C3 C4 C5 C6 C7 C8 C9 D1 D2 D3 D4 Communicate properly Obtain informed consent for all aspects of patient and effectively with patients, colleagues and other healthcare professionals E1 E2 E3 E4 E5 E6 E7 F1 F2 F3 F4 F5 F6 ■ Maintain and protect Maintain, develop and Work within your patient information professional knowledge and

G1 G2 G3 G4 G5 G6

H1 H2 H3 H4 H5 H6 H7



I confirm that the figure shown accurately reflects the time spent by me on this event. Signed: Osteopathic Practice Standards 2019 A Communication and patient partnership A1 A2 A3 A4 A5 A6 A7 B1 B2 B3 B4 C Safety and quality in practice Professionalism

Objective Activity: None Communication & Consent: No

C1 C2 C3 C4 C5 C6

D1 D2 D3 D4 D5 D6

D7 D8 D9 D10 D11 D12

Confirmation