

CPD EVENT RECORD

Spondylolisthesis and T4 Syndrome

with Simeon Niel-Asher

Recording:
*Learning
by Oneself*

Summary

This presentation demonstrated a number of techniques based on trigger point theory for dealing with spondylolisthesis and T4 syndrome. The types, grades and aetiology of spondylolistheses were outlined, together with differential diagnoses for both conditions. It was argued that although there is no research evidence to support it, clinical outcomes were encouraging. Needling was also recommended as a possible treatment for T4 Syndrome, but the need for rigorous safety measures around the intercostal areas was emphasised.

Chiropractic Code 2016

A Put the health interests of patients first A1 A2 A3 A4 A5 A6 A7	B Act with honesty & integrity. Maintain the highest standards of professional/personal conduct B1 B2 B3 B4 B5 B6 B7 B8 B9
C Provide a good standard of clinical care and practice C1 C2 C3 C4 C5 C6 C7 C8 C9	D Establish and maintain a clear professional relationship with patients D1 D2 D3 D4
E Obtain informed consent for all aspects of patient care E1 E2 E3 E4 E5 E6 E7	F Communicate properly and effectively with patients, colleagues and other healthcare professionals F1 F2 F3 F4 F5 F6
G Maintain, develop and work within your professional knowledge and skills G1 G2 G3 G4 G5 G6	H Maintain and protect patient information H1 H2 H3 H4 H5 H6 H7

Certification

This certificate confirms that

participated in this CPD event


S L BRUCE, APM Director

Date:

60 minutes
Learning by Oneself
Recorded


Academy
of PHYSICAL MEDICINE

Osteopathic Practice Standards 2019

A Communication and patient partnership A1 A2 A3 A4 A5 A6 A7	B Knowledge, skills and performance B1 B2 B3 B4
C Safety and quality in practice C1 C2 C3 C4 C5 C6	D Professionalism D1 D2 D3 D4 D5 D6 D7 D8 D9 D10 D11 D12

Objective Activity: None
Communication & Consent: No

Evaluation, Reflection and Impact on Practice

On reflection, the evidence for trigger points is growing, and treating trigger points in my own patients could be a useful contribution to their pain relief.

Confirmation

I confirm that this is an accurate reflection of my learning during this event.

Signed: